



Zentherapy®

„ZENTHERAPY® recognizes that from birth to death, life is flow of energy. This energy takes shape by our attitudes, our emotions, and our bodies. Zentherapy® releases the natural form of the body from the abberations caused by physical, chemical, psychological and spiritual traumas.

...ZENTHERAPY® IS A SYNTHESIS from Eastern and Western cultures. Many different methods and techniques are used to process the body; this includes the work of my teachers Ida Rolf, Moshe Feldenkrais, Lauren Berry and Raymond Nimmo. Tanouye Rotaishi's teachings are an underlying source of all Zentherapy® trainings.

...CONSCIOUSLY EXPERIENCING and using universal energy is what makes Zentherapy® unique. The Zazen training is basic to this work.“

IT IS THE GOAL OF ZENTHERAPY® for both the practitioner and the client to become as a child:
free of fear, hate, greed and pain.
Fully living each moment by moment.

William S. "Dub" Leigh

Dub`s



Zentherapy®

Introductory Training **ZEN BODYTHERAPY®**

with

Anselm Stahl

at

**Praxis für Zentherapy®
In Laufen**

**29. November -
1. December 2019**

Registration form per mail to

Inscription Zen Bodytherapy®

Herewith I attend for the introductory training
29.11. – 1.12.2019 in Laufen obligatory / liable

Name

Street

ZIP / Town

Tel. Fax:

E-Mail

Date

Signature

Mit der Zulassung zum Training ist automatisch die Einwilligung verbunden, dass Eure persönlichen Daten in der Teilnehmerliste den anderen Teilnehmern bekanntgegeben werden.

Anselm Stahl
Lagerhausstr. 17a
D-83410 Laufen

Registration for

Zen Bodytherapy® Introductory Training

Teacher

Anselm Stahl

authorized teacher by

International Zentherapy® Institute Inc. (IZII),

Honolulu, USA .

Dates

Friday, 11/29 - Sunday, 12/1, 2019

Program

Fr. 13:00 Check-in
14:00 - 19:00 Training
Zen Bodytherapy® and Zazen

Sa. 8:00 - 19:00 Training
Zen Bodytherapy® and Zazen

Su. 8:00 - 17:00 Training
Zen Bodytherapy® and Zazen
End at 17:00

Seminar Place

Praxis für Zentherapy®

Lagerhausstr. 17a
D-83410 Laufen

Kontakt

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D-83410 Laufen

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<http://www.zentherapy.de> , www.kaishin.de

To bring to the training

1. Blanket, mattress cover for the table and towel.

2. Clothing for Bodywork:

Women: Bikini or 2-piece underwear (no bathing suit/ body)

Men: Briefs (no Boxershorts)

All: suitable light colored training clothes

3. Clothing for Zazen

Comfortable black pants, white T-shirt

During the training it is expected from all participants to be actively involved in the bodywork, both as practitioner and as client.

Payment

The training fee, 300,- € is payable in advance.

You will get the bank dates in time after your registration.

Registration, waiting list

For registration please use the registration coupon.

You will be notified if you can take part or are on a waiting list. (if more than 12 registrations).

The decision about participation will be made by IZII.

Registration deadline October 23. 2019

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International Zentherapy® Institute, Inc.

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Further Infos :

www.zentherapy.org

such:

www.zentherapy.de

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